www.southsaskna.org
Meeting changes to meetings@southsaskna.org
For other info email secretary@southsaskna.org

February 2024 24-Hour Helpline: 306.757.6600

Meeting List

Southern Saskatchewan Area of Narcotics Anonymous



CAN'T STOP using drugs? We've been there. WE CAN HELP.

Please pick up the phone before you pick up and use!!!

WELCOME TO NARCOTICS ANONYMOUS

What Is the Narcotics Anonymous Program?

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Area Service Meetings

Area Service Committee

Last Sunday of Every Month

For meeting info check the events on http://southsaskna.org

Hospitals and Institutions Subcommittee

For meeting info check the events on http://southsaskna.org

Regina

12 Noon Monday This is How We Roll

First Presbyterian Church Albert St & 14th Ave South Door - O WC

7:00 PM Monday Basic Connection2710 10th Avenue

Basement - C NS

9:00 PM Monday Isolated But Not Alone

Zoom: 306 757 6600

12 Noon Tuesday Welcome Home

Zoom: 306 757 6600

7:00 PM Tuesday Fellowship

2710 10th Avenue Basement - O NS

8:00 PM Tuesday Serenity Sisters

190 Massey Rd. Basement – WO WC C

8:00 PM Tuesday Freedom is a Choice Brotherhood

St. James United Church 4506 Sherwood Dr. C MO

9:00 PM Tuesday Isolated But Not Alone

Zoom: 306 757 6600

12:00 PM Wednesday Circle Project

Circle Project 3433 5th Avenue West Door - O WC

7:30 PM Wednesday State of the Heart

First Presbyterian Church Albert St & 14th Ave South Door - O WC

8:30 PM Wednesday Focused on Recovery

2710 10th Avenue Basement - C NS NC NP

9:00 PM Wednesday Isolated But Not Alone

Zoom: 306 757 6600

7:00 PM Thursday Above and Beyond

St. James United Church 4506 Sherwood Dr.

7:00 PM Thursday Spirits in Recovery

First Presbyterian Church Albert St & 14th Ave South Door O WC CN

9:00 PM Thursday Isolated But Not Alone

Zoom: 306 757 6600

12 Noon Friday Welcome Home

Cathedral Neighborhood Centre 2900 13th Ave C WC NS – O for Birthdays

7:00 PM Friday Living in the Solution

190 Massey Rd. Basement -WC O NS

9:00 PM Friday Isolated But Not Alone

Zoom: 306 757 6600

10:30 AM Saturday Just for Today

First Presbyterian Church Albert St & 14th Ave South Door - O WC

6:30 PM Saturday

190 Massey Rd. Basement – 12T C

8:00 PM Saturday Finally Found a Home

First Presbyterian Church Albert St & 14th Ave South Door - O WC

9:00 PM Saturday Isolated But Not Alone

Zoom: 306 757 6600

1:30 PM Sunday Living Clean

Alano Club 1165 Pasqua St.

7:00 PM Sunday Serenity Now

190 Massey Rd. Basement – O WC H 9:00 PM Sunday Isolated But Not Alone

Zoom: 306 757 6600

Moose Jaw

7:00 PM Monday Enough is Enough

St. Andrews United 60 Athabasca St E. In The Lounge C

7:00 PM Tuesday Enough is Enough

St. Andrews United 60 Athabasca St E. In The Lounge C

7:00 PM Wednesday Enough is Enough

Moose Jaw Family Services 200 Main St. S.O TO

7:00 PM Thursday Enough is Enough

St. Andrews United 60 Athabasca St E. In The Lounge C

7:00 PM Friday Enough is Enough

St. Andrews United 60 Athabasca St E. In The Chapel O CN

7:00 PM Saturday Enough is Enough

St. Andrews United 60 Athabasca St E. In The Lounge C

7:00 PM Sunday Enough is Enough

St. Andrews United 60 Athabasca St E. In The Lounge O

Swift Current

8:00 PM Tuesday New Beginnings

Lions Hall 155 3rd Avenue NE

6:30 PM Thursday New Beginnings

Lions Hall 155 3rd Avenue NE O

6:30 PM Saturday New Beginnings Group

Lions Hall 155 3rd Ave NE O

Weyburn

8:00 PM Tuesday Road To Recovery

Knox Hall 136 2nd Street NE C

8:00 PM Thursday Road To Recovery

Knox Hall 136 2nd Street NE C

Estevan

7:00 PM Tuesday New Beginnings 622 5th Street

C TD

6:30 PM Thursday New Beginnings

622 5th Street C TD

7:00 PM Friday We Do Recover

Trinity Lutheran Church 738 2nd Street Use Back-alley entrance O

7:00 PM Sunday We Do Recover

Trinity Lutheran Church 738 2nd Street Use back-alley entrance. O

Esterhazy

8:00 PM Thursday

Survival to Recovery St Andrews United Church 550 Sumner St, Esterhazy, SK

Shaunavon

7:00 PM Sunday Shaunavon Group

Alliance Church 420 2nd St E. Shaunavon O

Yorkton

7:00 PM Tuesday + Thursday

Bruno's Place 139 Dominion Avenue

6:30 PM Sunday

Bank of Recovery St Andrews United Church 29 Smith St E

C

All Meetings are Non-Smoking unless otherwise stated.

Zoom- Online Zoom Meeting, H – Hybrid Meeting, O - Open to Public, C - Closed to Public, WC – Wheelchair Accessible, CN - Candle Light, 12&T - Steps & Traditions, BT - Basic Text Study, TD - Topic Discussion, WO - Women Only, MO Men Only, 123 - Steps 1, 2, & 3, 12T – 12 Tradition Study, NC – No children, NP- No Pets